



LION'S GATE Personal Power and Manifestation

**Please note that although this is kind of a woo-woo technique I am teaching you, it is not 'religious' and you can use whatever spiritual symbolism has the most meaning for you personally. What I am describing below are just energies and symbols that have a lot of history and collective meaning to our subconscious minds.*

THE NEW MOON - This is a brand new cycle that we are walking through collectively and it is extra powerful because it is connected to Sirius the Dog Star - the 'scorcher' the powerful force that appears in the sky to have given birth to the constellation Canus Majoris.

The term 'The Dog Days of Summer' refers to this window of time in mid-summer (always peaking August 8th) when we normally feel the greatest heat of the year. This happens every year, but this year it is incredibly potent and powerful because of the recent Total Solar Eclipse on July 2nd. A Total Solar Eclipse is always a 'cutting off' of the light to the Sun. And as such it creates a massive psychic and etheric ending on our soul's journey. It can also signal major emotional and physical ending in our personal lives.

Collectively this year 2019 has been a massive shift out of ancient (no longer useful) paradigms of thought in virtually every area of our lives; family, relationships, work, service, spirituality, financially... and the list goes on. Nearly all of us has on some level reached a point of *'not doing that anymore'* in some part or corner of our lives, our attitudes towards others, our behaviors, our expectations of life and the world. The more we have wanted to hold onto these useless things, behaviors, thoughts or values that are not true to our own true soul, the harder the transition has been.



But do not judge yourself for it; remember that we go through exactly what is necessary in order to learn just what we need to bring us closer to our source. It might be best to look at it as; if it isn't sourced in love and joy and doesn't create more love and joy in life then I don't want to do it anymore.

The Purpose of This Meditation Event

This event is for the purpose of clearing, releasing and cauterizing our letting go of these old 'past their time' energies in our life so that we can welcome in the POWERFUL new beginnings that are open for all of us right NOW.

This Lion's Gate portal is a personal time for lighting and rebalancing the fire of the spirit which lives in our Solar Plexus, our will-center, the source of our own personal strength conviction, courage and power.

Because this particular Lion's Gate is so powerful my guides asked me to create this event in order to bring this powerful letting go and healing energy to those who seek it, and may not know how to clear this stuff and connect inwardly on their own. On the call I will get into more of the meaning behind what we are all clearing out now and how it is connected to world events, what we need to do to be aligned internally for the powerful energy shifts and how to ride the MASSIVE waves of change that are coming in for us all energetically right now.

TRANSFORMATION

To me the energy of this Lion's Gate looks like the Magician card in the Tarot. It is the card of Manifestation. The Magician is the person who has all their tools around them and who can literally conjure up what is needed through the concentrated focus and right use of personal Will. The right use of personal will is the ability to focus and concentrate with great power and intensity.



To me, this is one piece of information that suffers in all the discussion of Law of Attraction and Manifestation. In order to bring things into fruition in the world it takes a heap of deeply concentrated energy. You don't always have to be in that state and not even have to do it constantly, just for the short burst of time necessary to drive laser beams of intentionality into the 'cosmic cookie dough' from which all of reality is created. It is from this intentionality that our idea, our dream or our desire is imprinted onto the canvas of pre-matter and becomes the Blueprint for that which we ask the Universe to co-create with us.

8 - 8 is Eternity Times Two

When we turn the number 8 on its side it becomes the infinity symbol. On the very deepest level this Lion's Gate portal is asking us to ask our spirit what we know, who we are and what we wish to create in this life that is Eternal. That which will live beyond and past us when we are gone and that which is most true to our own soul, inner knowing and deepest truth. Nobody else needs to know about this. Nobody else needs to give you permission.

The 8 symbol is also the Uroborus - the serpent eating its own tail. This is a deeply powerful reference to Kundalini energy - the primal fire, the deepest force of creating from which the Magician imbues the fire of life into his creations, it is the divine spark that ignites *enthusiasm*. A word which literally means to be filled with the light of God (or light or inspiration, whatever you prefer). I prefer to think of it as the Cosmic Flame - the Kundalini itself lit up within us.

The Preparation

In alignment with these ideas, and to assist you in getting the very most from this event I recommend you prepare by taking the following actions. (The event will be recorded by the way and you will be able to go back and rewatch it later.)



It is most potent to take these actions on the 1st or the 2nd of August when the Moon is most helpful to you. But if you are just coming to this information at a later date, do not worry and still do the preparations because they will help you.

- 1) Get 5 candles and arrange them somewhere that feels meaningful to you. They should be one each of the following colors: White, Black, Yellow, Red and Green.
- 2) Write out a vision for yourself. Take as much time as you need with this. You can write as much and as long as you would like. This vision can be as big, specific or universal in scope as you would like it to be. It works best if you focus mostly on qualities of life experience that you want to bring into the world, such as dynamic inspiration or expansion of love rather than life goals or tangible results. These will come as well, but the global intention is the fire that keeps you moving towards those goals. It is the fire that we are focused on for our meditation.
- 3) Read it over and revise it several times.
- 4) Edit and refine your words. Pick your words with care and intentionality in order to boil your vision down to the most focused and concentrated version possible. Look words up online if you need to in order to make sure that each word you use means exactly what you want it to mean. Distill the meaning of your vision down to a paragraph at most, 1 or 2 sentences is best.
- 5) Take out a sheet of paper and hand write your vision on that paper.
- 6) Fold the paper over 1 or 2 times and place it under one of your candles.
- 7) Light your candles and burn them for 10-15 min while you sit quietly, close your eyes and meditate on stillness, allowing thoughts to just move through your mind without judgement and coming to a state of inner peace and calm.
- 8) Do this every evening until the time of our event.

ADDITIONAL: This is a separate thing to focus on and you can do it as you have time, but in order to help root the Fire energy of the Lion's Gate into your body it will be very



helpful to clear out your digestive track over the next weeks and months. My two suggestions for doing this are:

- 1) Fasting in whatever way works best for you. I like the Master Cleanse, you can find the recipe here: <https://www.healthline.com/nutrition/master-cleanse-lemonade-diet>
- 1) If you choose to do the cleanse, after you meditate, ask your body how many days you should do it for and do that many days of fasting. Here is a good article on fasting: <https://www.thesacredscience.com/jesus-did-this-buddha-did-this-mohammed-did-this/>

- 2) I recommend creating your Fire Medicine, using the instructions in the article below. It needs to sit for at least a month to infuse, so you will be using this later. It is an infused vinegar that you would take especially in the fall and winter months to keep your digestion working well and to ward off colds and the flue. But it will also help to keep the energy from our Lion's Gate Portal work grounded and sustained within your physical body. Here's the article with instructions: <https://www.thesacredscience.com/fire-medicine-an-ancient-elixir-and-shamanic-recipe/>

I'm looking forward to having you on the call on the 8th.

Namaste-

Aura